



CSP TIDERIDERS 72nd ANNUAL SUMMER INVITATIONAL

JUNE 25, 26, 27, 2010

ST. LOUIS, MISSOURI

314-727-7946 www.cspswim.com

You are cordially invited to participate in the 2010 CSP Tideriders Summer Invitational Swim Meet hosted by the CSP Tideriders Swim Team in cooperation with the City of Clayton, Missouri.

LOCATION:

Shaw Park Aquatic Center
111 South Brentwood Boulevard
St. Louis, Missouri 63105

FACILITY:

Eight (8) lane, fifty (50) meter pool with Kiefer Advantage non-turbulent lane lines. A Colorado Timing System 6 & Colorado Timing System and Dolphin Wireless Stopwatch Timing System will be used with an 8 line scoreboard. A separate pool is available for continuous warm-up. Shaded picnic, rest, and play areas are available in the large park in which the pool is located.

RULES/ELIGIBILITY:

Held under the sanction of USA Swimming and all technical and administrative rules of USA Swimming will apply. All swimmers must be members of USA Swimming at the time of meet entry. "Applied for" will not be accepted. Any swimmer found not to have a current USA Swimming membership who swims in an Ozark sanctioned meet (and/or the team) is subject to a \$100.00 fine per athlete. The age of the swimmer on the first day of the meet, June 25, 2010, determines his/her eligibility for the entire meet. *Per Ozark LSC policy, Cell Phones with video and Video Recording Devices are prohibited in all locker rooms.*

MEET ENTRY CRITERIA:
(New 2010)

13 & over will be limited to the first three hundred (300) swimmers.
12 & under will be limited to the first three hundred (300) swimmers.
No team entries will be split. **CSP has sole discretion to determine which entries to accept. In exercising this discretion, CSP will consider: strength of entry and level of competition, balance of age groups and gender in entries, and number of officials provided by team. Teams participate in the spirit of a prelim/final meet.**

WARM-UP
PROCEDURES:

During warm-ups, lane assignments will be given based upon entry size for each team and session. A swimmer attending a meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he/she is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he/she has entered. Warm up lanes **may be** available for visiting teams on Thursday, June 24, please notify Kate Wall 314-395-8563 or katewall4@att.net by entry deadline.



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(New in 2010) CHECK-IN:

Positive check-in for all events is required. Check-in must be done 30 minutes prior to the start of Friday sessions and by 6pm Friday for Saturday and 6pm Saturday for Sunday sessions. Check-in will be conducted by the Clerk of Course. **400 Free and 400 IM limited to Top 24. CSP reserves the right to limit 10 & U, 11-12 200 Free and 200 IM to Top 40 if necessary. Event changes for swimmers not making top 24 in the 400Fr, 400IM, and if 10&U 11-12 200Free or 200 IM is limited to Top 40 limited events must be submitted by e-mail to pzenk@cspswim.com by 3pm Thursday, June 17, 2010**

MEET

SCHEDULE:

Long Course Pool

Preliminaries - 13 & Over:

#1 Warm-up: 6:15am -6:45am

#2 Warm-up 6:45am-7:15am

Competition: 7:30am

Timed Finals - 12 & Under:

#1 Warm-up: 12:45– 1:05PM not before or immediately following AM session

#2 Warm –up 1:05-1:25PM

Competition: 1:30 PM not before

Finals - 13 & Over

Friday and Saturday Warm-up 5:00 PM

Friday and Saturday Competition 6:00 PM

Sunday Warm Up 4:30PM

Sunday Competition 5:30PM

Optional sprints during last 10 minutes of warm-up each day. The short course pool will be available for warm up during competition. Finals for 13-14 will consist of a championship heat A final and consolation heat B final. The consolation B final will be swum first. Finals for Open will consist of a championship heat A final and consolation heat B final and a non scoring C final. In Open events the C final will be swum first.

ENTRY LIMITS:

Swimmers may swim **three (3) individual events per day plus one relay each day**. If there are scratches in events with swimmer number limits, alternates will be called at the meet to fill the maximum number of heats. Refunds only to those swimmers not making the cut in limited events that do not have another event to choose. Teams will be refunded if requested in writing within one week of the meet's end.

Proof of time is required for the limited events, 400 FR, 400IM, and must be submitted with the team entry. A Team Manager Proof of Time Report is considered adequate proof. If proof is not received swimmer will be scratched and fees will not be refunded. CSP reserves the right to designate one heat of each gender in the limited events solely for CSP swimmers regardless of time.



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RELAY CARDS:

In order to be eligible to swim a relay, a swimmer must be entered in at least one (1) individual event. Cards for pre-paid relays will be included in coaches' packets.

ENTRIES:

All teams are required to send an entry file that is compatible with Hy-Tek Meet Manager to:

Priscilla Zenk
CSP Summer Meet Entry Chair
2627 Hope Avenue
St Louis, MO 63143
pzenk@cspswim.com

A printed copy must be sent in addition to the email. **Fee payments, hard copy must be received by May 18, 2010. Updated times for all events and proofs for limited events (400Free and 400IM) must be received by June 14, 2010.** Swimmers must be entered at equal to or better than the qualifying time. No team entry will be split.

QUALIFYING TIMES

Swimmers must be equal or faster than the CSP Summer Invitational Qualifying Times Standards. CSP Tideriders Swimming Team reserves the right to swim any of its own club members who have not achieved the minimum qualifying time standards. **Only 8 & under swimmers swimming in 8 & under events may be entered with "no-times" (NT).** 10 & under events are open to 8 & under swimmers who meet the 10 & under qualifying times, but must have a qualifying times. NT will not be accepted in 10 & under events. **All Times may be updated until 3pm on June 14, 2010. Please enter using Long Course Meters only. Conversions will not be accepted.**

ENTRY DEADLINES:

Entries will be accepted beginning 9AM CDT Tuesday, May 11, 2010, please include number of officials your team can provide. The final date for entries is 3:00 PM CDT Wednesday, May 12, 2010. No phone or fax entries will be accepted. Entries requiring a signature or postage will not be accepted. Teams will be notified of their acceptance by Friday, May 14, 2010. Teams not accepted will have their entries returned. 400 Fr, 400 IM limited events will be posted on www.cspswim.com by June 15, 2010. Changes for swimmers not making top 24 in the limited events must be submitted by E-mail to pzenk@cspswim.com by June 17, 2010 by 3pm.

ENTRY FEES:

\$5.00 per individual event
\$10.00 per relay team
\$10.00 per swimmer surcharge
Please make check payable to: CSP Tideriders



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DECK ENTRIES:

There are **NO DECK ENTRIES**.

Event changes for swimmers not making top 24 in the 400 Fr, 400IM limited events must be submitted by e-mail to pzenk@cspswim.com by Thursday, June 17, 2010 by 3pm.

SCRATCHES:

For Finals, a swimmer must announce his/her intentions within 30 minutes of an announcement and posting of the results of the preliminaries for his/her event. A swimmer may defer the final decision to scratch pending the outcome of a later swim if he/she so informs the Referee and the person at the announcer's stand. Failure to comply with scratch regulations for this meet will result in a disqualification from the next event in which he/she is entered. Scratches for finals will be taken by the announcer's stand.

ALTERNATES:

Two (2) alternates will be designated for each event. Those swimmers must be prepared to swim or scratch.

AWARDS:

8 & Under, 10 & Under and 11 - 12:

Individual events - Custom Awards: 1st through 8th place

Individual High Point Awards:

To one (1) top male & one (1) top female per age group

Relays - Custom Awards: 1st through 3rd place

Note: 400 Free will count for high point awards in 11-12 age group only.

13 - 14 & Open

Individual events - Custom Awards: 1st through 3rd place

Individual High Point Awards:

To one (1) top male & one (1) top female per age group

Relays - Custom Awards: 1st through 3rd place.

Note: Only points scored within the age group count for High Point Awards.

Team Awards:

12 & Under: High Point

13 & Over: High Point

Combined: High Point

(Home Team not eligible)

The Mike Smith Outstanding Swim Award: To be given to the 13 & over athlete who is voted by the coaches to be the most outstanding swimmer of the meet. Nomination forms will be in coaches' packets and will be due prior to the start of Sunday Finals. The award winner will be announced after the finals of the Open 200 Free.



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COACHES'
MEMBERSHIP:

All coaches on deck must be current "Coach Members" of USA Swimming. Credentials may be checked.

FINAL RESULTS:

Will be posted on www.ozarkswimming.org and may include the swimmer's name, age, times and USA swimming number. Session results will also be posted on the CSP website at www.cspswim.com as they become available.

OFFICIALS:

Certified USA officials interested in officiating at the meet should contact: Kim Weiss weiss58@charter.net (H) 636-244-0832

Volunteer verification forms will be available at the meet for tax deductible expenses.

CONCESSIONS:

Concessions will be available on the pool deck during all sessions. B&B Aquatics will have swim gear on sale at the meet. Nordmann Photography will offer action photos of swimmers for a fee. No smoking is allowed on deck.

ADMISSION:

Free

MEET PARKING:

The Bonhomme Parking Garage located directly across from the pool at the corner of Brentwood and Bonhomme is available for hourly parking at a rate of \$.75 per hour on Friday, June 25. The Bonhomme Parking Garage is **FREE** on Saturday and Sunday. Entrance to this parking garage is noted on the enclosed pool diagram. **Parking is not allowed at the Clayton School District Administration Building on Friday, June 25.**

INFORMATION:

For general information: Kate Wall 314-395-8563
CSP Office 314-727-7946
For entry information only: Priscilla Zenk 314- 727- 7946

MEET DIRECTORS:

Kate Wall 314-395-8563 katewall4@att.net
Susan Miller 314-727-1195 ftmhome@sbcglobal.net
Katie Owenby 314-569-9434 onb0128@sbcglobal.net

MEET SECRETARY:

Priscilla Zenk 314-727-7946 pzenk@cspswim.com

MEET REFEREE:

Kim Weiss 636-244-0832 weiss58@charter.net



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ACCOMODATIONS:

TIDERIDERS PREFERRED HOTEL

Sheraton Clayton Plaza Hotel

7730 BONHOMME 314-863-0400

Significantly reduced rate for families and swimmers participating in the CSP Tideriders Summer Invitational Meet, fourth night is half price if staying 4 nights.

The Sheraton Clayton Plaza Hotel is within walking distance from the meet and conveniently located in Clayton, steps away from restaurants and shops. The Sheraton is willing to arrange team dinners in advance. Please call Mitzi Bax, 314-863-0400 to arrange.

THIS MEET FILLS UP QUICKLY

Deadline Timeline

Entries Accepted (include # of officials)	9AM CDT	Tuesday, May 11, 2010
Entry Deadline	3PM CDT	Wednesday, May 12, 2010
Fees and Entry Hard Copy		Tuesday May 18 th , 2010
Proofs 400Free and 400IM only & Updated Times for all events Deadline	3PM CDT	Monday June 14, 2010
Limited Events Posted on www.cspswim.com	3PM CDT	Tuesday, June 15, 2010
All changes for limited events	3PM CDT	Thursday, June 17, 2010



Friday, June 25, 2010

Morning Session – Warm up 6:15AM or 6:45AM Competition starts at 7:30AM

Females	Qualifying Time	Event	Qualifying Time	Male
1	3:19.99	13-14 200 IM	3:09.49	2
3	3:13.49	Open 200 IM	3:01.79	4
5*	5:16.59	13-14 400 Free	5:02.79	6*
7*	5:09.39	Open 400 Free	4:50.19	8*
9	1:30.79	13-14 100 Back	1:26.89	10
11	1:29.49	Open 100 Back	1:22.39	12
13	3:16.29	13-14 200 Fly	3:05.19	14
15	3:08.49	Open 200 Fly	2:55.69	16
17**	---	13-14 400 Free Relay	---	18**
19**	---	Open 400 Free Relay	---	20**

***Top Twenty-four (24) Timed Final. Two heats in the morning and Fastest Heat will be swum in finals. Swimmer not making top 24 may choose another event as stated in the entry deadline section of meet information.**

****Relays will be swum at finals according to event order**

Friday, June 25, 2010

Afternoon Session – Warm up immediately after the AM Session not before 12:45pm Competition starts not before 1:30PM

Females	Qualifying Time	Event	Qualifying Time	Male
21	---	8 & Under 200 Free Relay	---	22
23	---	10 & Under 200 Free Relay	---	24
25	2:02.39	10 & Under 100 Back	1:58.09	26
27	1:38.89	11-12 100 Back	1:39.19	28
29	---	8 & Under 50 Breast	---	30
31	2:17.49	10 & Under 100 Breast	2:13.59	32
33	1:49.99	11-12 100 Breast	1:49.19	34
35	---	8 & Under 50 Free	---	36
37	45.09	10 & Under 50 Free	44.29	38
39	39.19	11-12 50 Free	37.99	40
41*	5:32.39	12 & Under 400 Free	5:27.09	42*

*** Only Top 24 will swim. Swimmers not making top 24 may choose another event as stated in the Entry Deadline section of the Meet Information.**

Finals 13 & Over

Warm Up 5:00 PM Competition starts at 6:00 PM



Saturday, June 26, 2010

Morning Session Warm Up 6:15 AM or 6:45AM, Competition starts at 7:30AM

Females	Qualifying Time	Event	Qualifying Time	Male
43	1:43.89	13-14 100 Breast	1:34.89	44
45	1:39.59	Open 100 Breast	1:32.99	46
47	3:15.29	13-14 200 Back	3:07.49	48
49	3:11.89	Open 200 Back	2:56.49	50
51	1:22.09	13-14 100 Free	1:16.99	52
53	1:19.79	Open 100 Free	1:13.59	54
55*	6:00.99	13-14 400 IM	5:44.49	56*
57*	5:51.99	Open 400 IM	5:27.09	58*
59**	---	13-14 400 Medley Relay	---	60**
61**	---	Open 400 Medley Relay	---	62**

***Top Twenty-four (24) Timed Final. Two heats in the morning and Fastest Heat will be swum in finals. Swimmer not making top 24 may choose another event as stated in the entry deadline section of meet information.**

****Relays will be swum at finals according to event order**

Saturday, June 26, 2010

**Afternoon Session Warm Up immediately after the AM session not before 12:45PM
Competition starts not before 1:30PM**

Females	Qualifying Time	Event	Qualifying Time	Male
63	---	8 & Under 200 Medley Relay	---	64
65	---	10 & Under 200 Medley Relay	---	66
67	---	11-12 200 Medley Relay	---	68
69	1:43.99	10 & Under 100 Free	1:41.59	70
71	1:25.79	11-12 100 Free	1:23.29	72
73	2:12.59	10 & Under 100 Fly	2:09.79	74
75	1:38.69	11-12 100 Fly	1:37.49	76
77	---	8 & Under 50 Fly	---	78
79	55.99	10 & Under 50 Back	56.39	80
81	45.49	11-12 50 Back	45.69	82
83	---	8 & Under 50 Back	---	84
85*	4:12.99	10 & Under 200 IM	4:10.69	86*
87*	3:29.69	11-12 200 IM	3:29.59	88*

CSP reserves the right to limit the 200 IM to Top 40. If event is limited those swimmers not making top 40 may choose another event as stated in the Entry Deadline section of the Meet Information

Finals 13 & Over

Warm Up 5:00 PM Competition starts at 6:00 PM



Sunday, June 27, 2010

Morning Session Warm up 6:15AM or 6:45AM, Competition starts at 7:30AM

Female	Qualifying Times	Event	Qualifying Time	Male
89	2:57.09	13-14 200 Free	2:47.09	90
91	2:51.09	Open 200 Free	2:39.99	92
93	1:29.19	13-14 100 Fly	1:22.89	94
95	1:25.59	Open 100 Fly	1:18.99	96
97	3:43.99	13-14 200 Breast	3:32.39	98
99	3:36.19	Open 200 Breast	3:23.29	100
101	37.89	13-14 50 Free	35.39	102
103	36.79	Open 50 Free	33.59	104

Sunday, June 27, 2010

**Afternoon Session Warm Up immediately after the Am session not before 12:45PM,
Competition starts not before 1:30PM**

Female	Qualifying Time	Event	Qualifying Time	Male
105	---	11-12 200 Free Relay	---	106
107	55.09	10 & Under 50 Fly	52.89	108
109	42.39	11-12 50 Fly	42.99	110
111	1:01.59	10 & Under 50 Breast	1:01.59	112
113	49.09	11-12 50 Breast	51.09	114
115	3:48.59	10 & Under 200 Free	3:35.49	116
117	3:03.89	11-12 200 Free	3:00.69	118

CSP reserves the right to limit the 200 Free to Top 40. If event is limited those swimmers not making top 40 may choose another event as stated in the Entry Deadline section of the Meet Information

Finals 13 & Over

Warm Up 4:30PM Competition starts at 5:30 PM