



## Saluki Swim Club

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### NET RESOURCES

**Saluki Swim Club Online**  
www.swimsaluki.com

**USA Swimming**  
www.usa-swimming.org

**Ozark Swimming**  
www.ozarkswimming.org

### GET THIS LETTER BY EMAIL

Go to [www.swimsaluki.com](http://www.swimsaluki.com) to get this letter sent to you electronically each month.

## ALERT

Enclosed with this edition of the letter is a reservation form for the annual Saluki awards banquet. Anyone wishing to attend should fill out the form and mail it to the address listed by 19 March.

Don't miss this fun event being held this year at the Giant City Lodge.

**Winter season is over!** Spring training will begin on Monday, 19 March.

## The Tut File #95

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### Board of Directors

Clay Kolar	President	457-4627
Richard Halbrook	Vice President	549-3691
Pam McLean	Treasurer	833-3991
Carolyn Reed	Secretary	964-1245
Susan Aud	Meet Coordinator	893-4551
Nancy McDonald	SRC Rep	942-2737
Millie Hanson	Pulliam Rep	521-0318
Mike Green	Ozark Rep	988-8727
Bill Price	Head Coach	457-1103

*The official journal of the Saluki Swim Club*

# The Tut File

- Upcoming technical meets....2
- Saluki championship teams....2
- The unstoppable Rufus T Firefly (as usual)....4

## Missouri Valley Championship

### Thank you swimmers and parents!

by PAM ADAMS  
Saluki Meet Director

Thanks to many swimmers and parents, who worked the Missouri Valley Conference Swim Meet, our club is \$900 richer. We all had a good time watching The SIU women take first and the men take second.

To those who worked a BIG THANK YOU!!!!!! Also if you see Jeff Goelz congratulate him on winning the Missouri Valley Swimming Coach of the year award. Donnie Torres, SIU's new diving coach, also won the diving coach of the year for Missouri Valley.

## Good Communication: The key to success (or close to it!)

by CLAY KOLAR  
President, Saluki Swim Club

Since I have been associated with the SSC, one of the more prominent and recurring concerns was the lack of good effective communication. Many members felt they did not know, or only had a partial knowledge and understanding of what the Club was about and what was going on with the Club, particularly in terms of practice times, meet schedules, meet registration, meet results and each swimmers progress. Although we have always had a newsletter with some of that sort of information, it didn't seem to get the job done when information needed to get out quickly.

When Bill came on board, improving communication for both parents and swimmers was high on the list of tasks for him to improve. At this point in time, and particularly since I have been President, I feel Bill has more than fulfilled our need for better communication. I have not received one complaint regarding poor communication; lack of information or an inability to access information sources.

For those of you who have not visited our web site, please do so. It is easy to maneuver through, Bill updates it on an almost daily basis and it contains the type of news items, meet results and last minute announcements that members are looking for and need to know. I can only say hats off to Bill; our web site is a good one! In addition to our web site, the monthly newsletter has and will remain as another source of pertinent information for Club members and swimmers alike. For those without ready access to a computer and our website, we will always strive to make the newsletter as thorough and up-to-date as possible. Of course, members can always talk with Bill or the other coaches, myself or other Board members and volunteers directly for information needed. If any one of us cannot come up with an answer when asked, we will make the effort to get the information you

*continued on p. 2*

## practice changes

- Practice for the Winter session ends on Friday, 09 March.
- Spring session will begin on Monday, 19 March.

## First technical meets planned

The first of three “rubber meets the road” events for the Saluki Project are planned for April and May at the Student Recreation Center pool. This is when the first technical meets will be conducted for our own younger swimmers. Full details will be included in the next edition of the *Tut File* but we can briefly describe what these meets are and how they will be conducted.

### Who are the technical meets for?

We are offering these meets for our younger swimmers as part of the *Saluki Project*. The purpose of the meets is to gauge the fundamental skills needed by swimmers to successfully participate in our sport.

This affects our 12 & under swimmers and will offer them a different model. Elements of this model include:

- Streamlining skills.
- Kicking speed
- Endurance
- Efficiency
- Starting skills

### A new model of competition

Since this type of meet has never been formalized before we are going to call it the *developmental model* as opposed to the *adult model* that swimmers, coaches and parents are far more used to.

In the adult model swimmers race in various events and are evaluated in terms of time. The developmental model emphasizes the skills necessary to eventually participate in the adult model.

The reason we’re developing a new model for younger swimmers is because the adult model is not really suited for youngsters (a full discussion of this issue can be found on-line at the Saluki website).

### Following the martial arts example (a black belt in backstroke?)

The developmental model will allow swimmers the time to learn the skills they need to compete successfully in swimming. Since the adult model rewards only the fastest swimmers it is not suitable for young children due to the wide variation in growth rates. Early maturers have an advantage in the adult model simply because they’re bigger, stronger and, consequently, usually faster. The developmental model will level the playing field by rewarding skills that all children can learn without regard to strength or size. This is similar to the way skills are taught in the marital arts.

### Dates

The first meet is planned for Saturday, 7 April. It will be held at the SRC pool. Full details will be announced at a later time.

## News Bits

### Winter session ends this week

Practices for the winter session will come to an end on Thursday, 8 March for the SRC groups and on Friday, 9 March for the Pulliam groups.

Following a week long break the swimmers will be back in action for the spring session on 19 March. The spring session will run until 1 June.

Swimmers who are joining Saluki for the first time in 2001 must fill out an athlete registration form and pay the initial registration fees on their first day of practice. These forms are available on the club website and at Pulliam pool.

### New mascot adopted

The Saluki Board recently adopted a new mascot that will soon be appearing in club publications and on the club’s website. We’re calling it “Little Tut” and it keeps with the Egyptian theme begun in 1993 with the adoption of the Tut mask which remains the club’s official logo.

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*Kolar, continued from p.1*

need and get back with you as soon as possible. When all else fails there still remains the now old fashion method of using the phone and calling Bill at Saluki HQ, or myself or others to get the information you want.

Also, just so we are on the cutting edge, we are in the process of compiling email addresses for all members who have one so that we can bulk email announcements and emergency notices (e.g. last minute practice changes or cancellations) and get them to you quickly. If you notice, our new registration forms have an email address blank to fill in. Please do so. Also, if you feel we don’t have your email address, you can send it to us via the web site email address block or just email me ([bjkcak@hotmail.com](mailto:bjkcak@hotmail.com)) and I will make sure it is added to our membership information list.

As always, I appreciate all that Club members do to keep SSC going forward. If you have any questions, ideas or suggestions please feel free to let us know, we will do our best.

## Saluki Championship Teams

Congratulations to the following swimmers on qualifying for the end-of-season championship meets:

### USA Central Zone Sectional

Rachel Green, Brad Byars, Jason Sigler

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### Ozark Division 1 Championship

Kait Adams, Megan Adams, Danielle Culpepper,  
Lindsey Kolar, Dani Mathis, Natalie McLean, Bree Rossi,  
Paige Saliba, Glynnis White, Derek Agin, Bob Byars,  
Alex Halbrook, Aaron Hvidston, Justin Hvidston,  
Noah King, Calvin Kolar, Ryan McDonald,  
Markum Reed, Johnny Sao

# March 2001

Check the expanded calendar at:  
[www.swimsaluki.com](http://www.swimsaluki.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Board Meeting 7:00p, Alumni Lounge	6	7	8 Last SRC practice	9 Last Pulliam practice WINTER SEASON ENDS	10
	Parent Observation Week at Pulliam				Ozark Championship	
11  OZD1	12	13	14	15	16	17
18	19 SPRING SEASON BEGINS!	20	21	22	23	24 Age Group 1 Age Group 2 Junior Senior 10:00-11:45a
25 SALUKI AWARDS DINNER Giant City Lodge, 5:00p	26	27	28	29	30	31

# Rufus T Firefly

Fayetteville, Arkansas was the site of the very first Central Zone Sectional championship...attending the meet for Saluki were **Brad Byars** and **Jason Sigler**...reports I submitted from the scene did not exactly convey the sense of being in another solar system that the drive to Fayetteville induces...Both Saluki did well with best times in most events...also qualifying for the meet but unable to attend was **Rachel Green**... I'm happy to announce that once again I have been selected by the Reuters News Agency to provide on-line reports from the Ozark Division 1 championship from St. Peters, Missouri...Saluki has 14 swimmers entered—5 of them are OZD1 first timers...The Saluki Publishing Empire is venturing into the video world...it's first "production" might be available at the awards banquet on 25 March...although

the presentation is considered relatively harmless, the chorus line sketch performed by **Audrey Burzynski, Lindsey Kolar, Natalie McLean** and **Bree Rossi** had several lap swimmers at the SRC phoning their therapists...*Build* or *descend* is there a difference?...ask any AG2 swimmer...It's true, Saluki recently adopted a new mascot...unofficially dubbed "**Little Tut**" the character will soon be appearing on club publications and on the website...developing.

...and  
another  
thing...

Mr. Firefly is now part of the information superhighway. You can write to him at: [rtfirefly@swimsaluki.com](mailto:rtfirefly@swimsaluki.com) (although the crusty old coot may not write back.)

## Saluki Swim Club

P.O. Box 3293  
Carbondale, IL 62902-3293

## important dates

### **Ozark Division 1 Championship**

Qualifiers only. Held at the Rec-Plex pool.

**09-11 March, St. Peters, MO**

### **Spring session begins**

Opening day for the spring training session has been moved up by 1 week. Tell your friends and neighbors.

**19 March, Pulliam pool**

### **Annual Awards Banquet**

Giant City Lodge 5:00p. Reservation form included in this letter. RSVP by 19 March.

**25 March**

### **Saluki Project—Technical Meet #1**

The first of three meets designed for our younger swimmers. All swimmers must 12 & under.

**07 April, Student Recreation Center**

### **Rockwood 3-Star Invitational**

**20-22 April**

### **Saluki Project—Technical Meet #2**

The second of three meets designed for our younger swimmers.

**28 April, Student Recreation Center**

Awards banquet reservation form enclosed