



November 25, 2008

Saluki Swim Club

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Practice changes

Please note that the most timely changes to the practice schedule are available on the club website.

Wed. 11/26: Group 4 5:30-7:30 at Pulliam

No Practice Thursday 11/27 or Friday 11/28.

*“Sports do not build character.
They reveal it.”*

-Haywood Hale Broun



Building a Culture of Achievement

Update #165

2008 Carbondale 500 Is a Huge Success

The 2008 Carbondale 500 saw almost 500 swimmers from 15 teams swim in a very competitive meet. The meet ran smoothly thanks to the hard work of the many Saluki Swim Club parent volunteers. Together we held a great meet where all athletes swam well.

57 Saluki Swim Club swimmers competed in the meet and each swimmer achieved best times. As a team, Saluki swimmers swam best times in 83% of the 417 swims. Saluki swimmers achieved 90 B times, 61 BB times, 28 A times, 21 AA times, and 6 AAA times. The team wide improvement is proof of the swimmers' hard work and attention to detail.

Four Saluki swimmers achieved 8 sectional cuts in the meet. Elizabeth Bell achieved 3 cuts, Braci Dutton and Calvin Kolar achieved 2 cuts each and Speed Davis achieved 1 cut.

Eighteen Saluki swimmers achieved 82 Ozark Championship time cuts. This swimmers include: Elizabeth Bell, Speed Davis, Braci Dutton, Darren Hale, Calvin Kolar, Ashlee Kuan, Cameron Kuan, Jerry Kuhnert, Halli Lincoln, Matthew McAuliffe, Natalie San, Darlene Sao, Austyn Sigler, Jacob Stone, Emily Stroud, and Kelsie Walker.

Announcements

The Paducah Swim Fest Meet (Jan. 2-4) has been added to the schedule.

The meet information for the Paducah Swim Fest is posted on the website. The meet will be held at the Murray State facility. The dance and social events will be offered as in previous years.

In addition to all these time cuts, several swims also ranked in the Saluki Swim Club records and Top 5 all time. 12 year old Kelsie Walker set two new team records. Kelsie's time of 5:27.67 in the 500 free and 2:25.05 in the 200 fly rank as the fastest all time for 12 and under girls on the Saluki Swim Club. Swimmers who achieved times in the Saluki Top 5 included: Cody Bailey, Elizabeth Bell, Speed Davis, Braci Dutton, Calvin Kolar, Ashlee Kuan, Jerry Kuhnert, Matthew McAuliffe, Jacob Stone, Tyler Underwood, and Kelsie Walker.

Bell Finals at 2008 IHSA State Meet

Elizabeth Bell, a Saluki Swim Club swimmer and Junior at Anna-Jonesboro High School, competed in the 2008 IHSA State Championship Meet in Evanston. Elizabeth qualified for the State Meet by winning both the 50 free and 100 fly at the Sectional Meet. At the State Meet, Elizabeth finaled in the 50 free, finishing 10th overall. Elizabeth finished 18th overall in the 100 fly. Elizabeth's time in the 50 free from Sectionals qualified her for All American consideration and also for the 2008 Short Course Junior Nationals. Elizabeth will compete in the Junior Nationals in December in Austin, TX.

website where you can sign-up and help us fill in all those positions. Please help us make this meet a great success for our swimmers and all competitors. If you can sign-up in advance, it really helps the parents and coaches that organize this meet. So sign-up today!

Update the Saluki Swim Club Email List

We are trying to update/rebuild the Saluki Swim Club email list. If you are not receiving email updates and would like to, please subscribe on the website today.

Important Dates

Detailed meet information is available on the Calendar page of the Saluki website.

Please remember to check the Calendar page for meet sign-up deadlines:

Swim Your Own Age - 12/3

Paducah Swim Fest - 12/8

H₂O Invitational

Prelim/Final competition to finish up the Fall session.

December 5-7: St. Peter's, MO

Swim Your Own Age

It's back! This event was so popular last year that it just had to be on the schedule again in 2008!

December 13: Shea Natatorium

New Athlete Evaluations

New athletes wishing to join the Racing Team for the Winter 2009 session are invited to Pulliam pool at 6:00 p.m.

December 15: Pulliam pool

Paducah Swim Fest

The information for the Paducah Swim Fest is on the website. The meet will be held at the Murray State facility due to renovations at the Executive Inn.

January 2-5

Winter Invitational

This new meet on our calendar this year will be held at Lindbergh pool.

January 23-25: St. Louis, MO

Great Times

Always popular with Saluki. This meet is the last full blown opportunity for athletes to get their Ozark qualifying times.

February 6-8: Cape Girardeau, MO

Winter Session Sign-ups Are Coming Soon

It is hard to believe but the fall session is almost over. This year's Fall session was filled with excitement and change. With new Coaches on board and settled in, the Winter Session looks to be a exciting time of great improvement for the Saluki Swim Club Swimmers. Soon it will be time to register for the new session. As you look ahead toward the next session, please double check your account and make sure it is up to date.

Winter Evaluation Day - Monday, December 15

Our Winter Evaluation Day is coming up on Monday, December 15. If you know of any swimmers or families who might be interested in joining the team, inform them about this day. Any swimmer or family who is interested, should contact Coach Jay at the Saluki HQ number or by email.

Have a Happy Thanksgiving!

And Enjoy this time with your Family!

Keep Up With All That Is Happening With Saluki Swim Club

Being involved in the sport of swimming means keeping up with schedules, deadlines, and practice changes. The SwimSaluki.com webpage is a great source of up to date information on all that is happening with the swim club. Try to check the page every couple of days for the latest deadlines and schedule changes. Also remember that you can contact the coaches at their email addresses or you can contact Coach Jay Newton at the Saluki HQ line (457-1103). So list swimsaluki.com as one of your favorites today!

Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27 No Practice	28 No Practice	29
30	1	2	3	4	5 H2O meet in St. Charles, MO	6 H2O meet in St. Charles, MO